

Resources

In an Emergency Call
9-1-1

National Suicide & Crisis Hotline
Call 988



North Sound Regional Crisis Line
1-800-584-3578



www.voaww.org/behavioralhealth

Washington Recovery Helpline
1-866-789-1511

Office of Behavioral Health Advocacy
1-800-366-3103 or
360-292-5038

Regional Social Services Information
2-1-1

**WA Relay (Service for deaf, hard of hearing,
deaf-blind, and speech disabled)**
1-800-833-6384 or 7-1-1

**Provider One (Apple Health [Medicaid]
Insurance and Eligibility)**
1-800-562-3022

Interpreter Services

Persons who need help from an interpreter or need informational materials translated into their own language can get help free of charge by calling **1-800-684-3555**.

Hay servicios de asistencia con idiomas, incluyendo intérpretes y traducción de materiales impresos, disponibles sin costo. Llame a **1-800-684-3555**.



*Empowering individuals and families
to improve their health and well-being.*

2021 E. College Way, Suite 101
Mt. Vernon, WA 98273
Customer Service: **800.684.3555**
Business Line: **360.416.7013**
www.nsbhaso.org

Washington State
Health Care Authority

Scan this QR code
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We Are Here to Help



Welcome to the

North Sound Behavioral Health Administrative Services Organization

Serving Island, San Juan, Skagit,
Snohomish, and Whatcom Counties

About Us

The State of Washington contracts with the North Sound Behavioral Health Administrative Services Organization to provide Behavioral Health Crisis Services and other state-funded non-Medicaid behavioral health services in the 5 county North Sound Region.

A Crisis Can Affect Anyone at Anytime

Support or help with a referral is something that most people need at some time in their lives. Crisis Lines are available to anyone 24 hours a day, 7 days a week. please call **988** or North Sound Regional Crisis Line at **1-800-584-3578**.

24/7 Crisis Outreach Services

Mobile Crisis Outreach Teams are available to everyone in Island, San Juan, Skagit, Snohomish and Whatcom Counties. The Mobile Crisis Outreach Team will help a person in crisis to stabilize and help support personal recovery. Please call **988** or North Sound Regional Crisis Line at **1-800-584-3578**.

Child, Youth & Family Crisis Teams

Child, Youth, and Family Crisis Teams (CYFCT) provide a rapid response, home- and community-based crisis intervention customized to meet the developmental needs of children, youth, young adults, and their families. Please call **988** or North Sound Regional Crisis Line at **1-800-584-3578**.

Community Outreach Programs

North Sound funds a variety of community level outreach program to include Homeless Outreach and Stabilization Teams (HOST), First Responder embedded Behavioral health programs and Opiate Outreach Services to provide screening and support access to needed treatment.

Recovery Navigator Program (RNP)

RNP provides behavioral health services to individuals who intersect with law enforcement because of simple drug possession or other alleged criminal activity. This includes individuals who have frequent criminal legal system contact, social contact referrals from first responders, and others who are referred from community sources.

Kids Mental Health Washington

A Regional Care Management collaborative to improve communication, service connection processes, and the deployment of Multidisciplinary Teams (MDT), all of which are designed to improve access to and the coordination of services for children and youth experiencing behavioral health challenges.

The Program for Assertive Community Treatment (PACT)

PACT offers personalized support to people with mental health needs who require more intensive services. This program is available to patients being discharged from Western State Hospital who do not have Medicaid coverage.

Projects for Assistance in Transition from Homelessness (PATH)

PATH is a homeless outreach project in Snohomish and Whatcom Counties. PATH connects homeless individuals and families to community resources such as housing, Veterans benefits, and behavioral health treatment.

Housing Support Services

Pregnant, post-partum, or parenting women with children in Snohomish and Whatcom Counties can access housing support services. The goal of the program is to help women move into transitional or permanent housing.

Assisted Outpatient Treatment (AOT)

AOT is a court-mandated outpatient treatment that provides high-needs individuals with intensive wraparound behavioral health and substance use treatment without necessitating hospitalization.

Housing & Recovery Through Peer Services (HARPS)

HARPS assists individuals exiting State Hospitals and Residential Treatment facilities with transitioning into permanent supportive housing, peer services, and provides opportunities to integrate mental health and substance use services.